



Present's Barnet's very own

# Girls Development Centre



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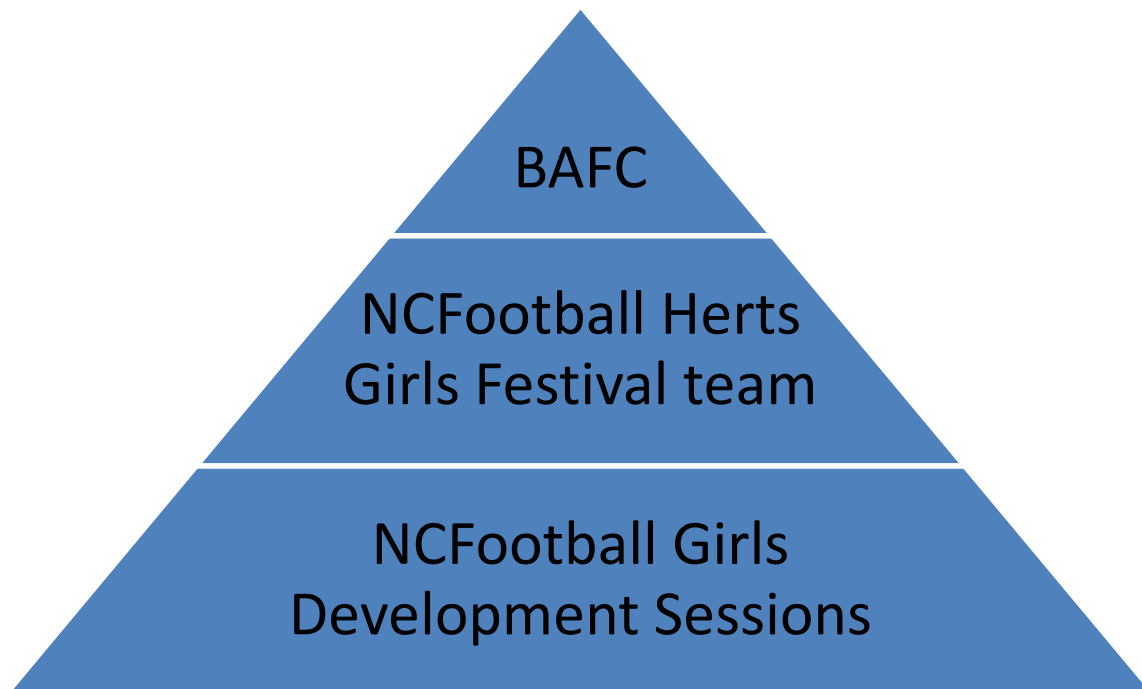
## Welcome

NCFootball would like to welcome you to Barnet's very own 'Girl's Football Development Centre'. Boys move over, it's the Girl's turn!

Following a lot of research and discussions with Education authorities, Head teachers as well as other sporting organisations, it became apparent that there were very limited football opportunities for girls within the Borough of Barnet to receive professional coaching and matches on a weekly basis. Something that NCFootball wanted to put right.

On the 11<sup>th</sup> of February NCFootball will launch our girls Development Centre originally to be held at the Pavilion in Barnet, however due to the recent bad weather will be launched at the Powerleague on their all weather pitches. The sessions will take place every Monday from 5-7pm & will cater for girls from school year 1 through to secondary school players.

NCFootball's 'Pyramid of Progression'



## **Our Aims**

NCFootball aim to make our Girls Development Centre the most welcoming, progressive and interactive girl's football centre in the County. All girls will have the chance to receive professional coaching on a weekly basis, opportunities to be selected for NCFootball Girls Festival teams and ultimately be selected to play for Barnet Azzurri FC.



***Azzurri U15s Girls with Arsenal & England player Alex Oxlade-Chamberlain***

## **About NCFootball**

Following coaching positions at Barnet FC & Tottenham Hotspur, Nick Cook decided in 2000 to launch his own football coaching school ..... NCFootball was born!

NCFootball has a young, enthusiastic and skillful team of coaches led by Nick Cook. Nick has been professionally coaching young players since 1996 starting at Barnet FC before moving to Tottenham Hotspur's Football Development for 3 years in 1999.

The creation and development of NCFootball since 2003 has seen Nick use his professional qualifications & experiences to create a caring, enthusiastic and professional approach to the coaching of young players, along with the creation of NCFootball 'pyramid of progression' which marks the progression of the individual, providing them with stepping stones as levels are achieved.

NCFootball delivers the very highest standard of coaching, taking boys and girls into the NCFootball coaching family as young as 4 and developing their football from basic coaching through to competitive league football with local youth club Barnet Azzurri FC who employ Nick as head of player development. The Saturday morning sessions are used as a feeder to the club.

NCFootball is at the forefront of youth football and is continually developing its coaches qualifications, skills and techniques, keeping up- to-date with the FA's youth development plans. We have established links with Arsenal Football Club which has seen a number of football stars delivering master classes to the boys and girls of Barnet Azzurri FC and matches against the Arsenal Juniors.

## **NCFootball Online Community**

As a Youth centred organisation we have embraced the medium most beloved of today's youngsters, social media. We have created an interactive online community, using Facebook, twitter & YouTube that provides an unparalleled opportunity for our young players to engage and interact with our team of coaches & keep up to date with everything that is NCFootball. Particularly popular with our players is the opportunity to star in & view on YouTube, short video's showing some of their training sessions as well as highlights of their footballing year, such as final's & Presentation day. NCFootball has over 290 followers on Facebook. 270+ on Twitter & has received over 20,000 views on YouTube.

[www.ncfootball.co.uk](http://www.ncfootball.co.uk) – follow us on Facebook through our website.

**Twitter** - NCFootball breaking training news, pictures & reports - **@coachncfootball**

**YouTube** – watch us and our players on our channel – **n1ckc00k**

NCFootball has links to both Hertfordshire and Middlesex FAs, works with a number of local **schools** and coached the medal winning LB of Barnet's Girls London Youth Games team.

## **NCFootball pledge to players and their parents**

- All our coaches are FA qualified; ALL possess First Aid Certificates and have attended the 'safe guarding children workshop'. All NCF coaches are CRB checked to the enhanced level.
- A fun, friendly & stimulating environment for your child to enjoy and develop their football skills.
- A diverse coaching syllabus that not only incorporates the core technical skills of the game, but also-, helps players develop their fitness, speed, balance and co-ordination.
- Promote a healthy lifestyle that encourages fitness & healthy eating. Articles are sent via email to inform players on the above.
- A pathway to progress through to Barnet Azzurri FC, where players have the opportunity play in competitive matches on a Saturday/Sunday morning.



## **Barnet Azzurri Football Club**

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### **Club history and philosophy**

Barnet Azzurri Football Club was founded in July 2006 primarily to provide football for boys and girls from Under 7's through to Under 18s who live in Barnet and the surrounding areas. BAFC is affiliated to the FA via the Hertfordshire FA and is in the process of becoming a Football Association Chartered Standard Club.

We are a club and community of families who enjoy and are passionate about football and enjoy watching our children playing competitive but fair football. In common with the FA, we will not tolerate any forms of racism or other forms of intolerance.

All players and their parents/guardians are expected to sign an agreement to abide by the club's rules when they join.

BAFC's aim is to give each player the opportunity to achieve their full potential within the club; most importantly, we believe this is achieved by playing in a fun and friendly environment.

We provide professional training sessions that focus on both the individual player and team development. Throughout the club we train and encourage all of our teams to play a confident passing game and to allow players to express themselves on the pitch.

As a club we do not shy away from competition while recognising that winning is not the 'be all end all' but that developing intelligent, well-rounded, young football players in a caring and friendly environment is equal in importance. It is our belief that enjoying team sports offers young people many things: the obvious health and fitness benefits, but also social benefits as well as the camaraderie and sense of belonging offered by being part of a team and a member of a club which can help to develop positive social skills and raise an individual's self-esteem.

*The club encourages existing members to make new players and their parents feel welcome – we have all been 'new to the club' at some stage and understand how daunting this can be.*

**Centre Details**

**Start Date** – Monday 11<sup>th</sup> February (then every Monday thereafter)

**Time** – 5pm – 6pm Years 1 to 3

6pm -7pm Years 4 to 6

**Address** – Powerleague. Bobby Moore Way. Friern Barnet. N10 1<sup>ST</sup>

**Price** – First session FREE. Then £6 ‘pay on the day’.

**Facility** – Girls will train on the all weather pitches. There is also a warm & friendly bar area, where hot and cold drinks can be purchased as well as having toilet facilities.

If you have any further questions please feel  
free to contact us on

01279 443388 or 07966 307199.

Email us on [ncfootballnick@live.co.uk](mailto:ncfootballnick@live.co.uk)

We look forward to meeting you.

Kind regards

NCFootball Team

***[www.ncfootball.co.uk](http://www.ncfootball.co.uk)***